

MENINGITIS C

This vaccine is available now to all patients who are due to start at University or further education for the first time who are between the age of 17 and 25.

Older teenagers and university students are at high risk of infection because many of them mix closely with lots of new people at university, some of whom may unknowingly carry the meningococcal bacteria.

Appointments are available now with the Practice Nurse

WHOOPING COUGH

Getting vaccinated while you're pregnant is highly effective at protecting your baby from developing whooping cough in the first few weeks of their life.

Expectant mothers can help protect their babies by getting vaccinated between week 28-32 of their pregnancy.

Appointments are available now with the Practice Nurse

MMR

The MMR Vaccine is available for all patients age 16 and over who have not already been vaccinated.

Measles, mumps and rubella is a highly infectious condition that can have serious, and potentially fatal, complications, including meningitis, swelling of the brain and deafness.

Appointments are available now with the Practice Nurse

HPV BOOSTER

All female patients aged between 14 and 18 years old who have missed the opportunity to have this vaccine at school are eligible to receive the HPV Booster vaccine

The human papilloma virus (HPV) is the name given to a family of viruses. Different types of HPV are classed as either high risk or low risk, depending on the conditions they can cause. For instance, some types of HPV can cause warts or verrucas . Other types are associated with cervical cancer.

Appointments are available now with the Practice Nurse

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Newsletter The Immunisation Issue September 2015

FLU CLINICS

Immunisations for the seasonal flu vaccine will be given to patients in at risk groups

Aged over 65	Stroke / TIA
Diabetes	Chronic Heart Disease
Chronic Neurological Disease	Chronic Respiratory Disease
Chronic Liver Disease	Chronic Kidney Disease
Carers	Pregnant Women
Patients in Long Standing Residential or Nursing Homes	Immunosuppression—Asplenia or Dysfunction of the spleen

At the request of patients we have reorganised the flu clinics and these will take place on Saturdays and Sundays throughout October on the following dates

Saturday 3rd October 2015
Sunday 11th October 2015
Saturday 17th October 2015
Sunday 25th October 2015

All of the clinics will be run by Surname in alphabetical order as follows

A-H Should attend	9.00am—10.00am
I-Q Should attend	10.00am—11.00am
R-Z Should attend	11.00am—12.00pm

Regardless of surname all patients will be seen on a 'first come, first served basis'

PNEUMOCOCCAL VACCINE

Pneumococcal Vaccine is also available for patients at risk or over 65 years old.

This can be given at the same time as your flu vaccine

CHILD FLU CLINICS

The child flu vaccine will be offered to children who on the 1st September 2015 are age 2, 3 or 4 years old.

Flu is a highly infectious disease caused by a virus, and can be very unpleasant for small children, Vaccinating children of this age can also help stop the spread of flu.

Vaccinating your child provides protection to those who are most vulnerable.

Children with long term health conditions are less able to fight off flu as easily as others, are at increased risk from serious complications such as pneumonia and even admission to hospital.

**It is important to have your child vaccinated
Book now, don't delay!!**

Clinics are available **after school** in the evening between 5pm-6pm Monday to Friday from week commencing Monday 5th October 2015.

You must have a booked appointment to attend one of these clinics.

You can book this appointment from now either via telephone or at the reception desk

SHINGLES

Are you aged 70, 78 or 79 on 1st September 2015? You are eligible for a Shingles vaccine.

Shingles is a painful skin rash caused by the reactivation of the chicken pox virus.

Appointments are available now with the Practice Nurse